



Procedure Instructions

Pre-assessment (PAE) M-F 8-3:30 Parking Codes Procedure Date/Check-in Time

_____ / _____

1. Check into the **ADMISSIONS DEPT** at **Baptist Memorial Hospital Memphis** for your procedure. From the main entrance, make an immediate right (at the Starbucks) and then the first left. Admissions will be on the right.
2. You are to have nothing to eat or drink after midnight the night before you arrive for your procedure **except for the following**:
3. Any **essential morning medications** (i.e. BP meds) may be taken but with **only** enough water to swallow the meds. Herbals, vitamins, iron, etc are not considered essential medications. Some **diabetes medications** are held if you are fasting and some are not. Please **call your doctor** who prescribes these medications for instructions on what to do since you will be fasting for this procedure.
4. Bring your insurance cards and a list of your medications with you including the name of the medication, strength & frequency, including vitamins, herbal supplements and over-the-counter medications such as aspirin. If you are having a PAE, bring this info at that time.
5. Some procedures require being off your blood thinning medications - Coumadin (Warfarin) for 3 days prior to the procedure; Xarelto, usually 1 day. If required to be off Aspirin or Plavix, 5 days. If so, your last dose will be on _____. Please check with the doctor who prescribes it to see if you may need coverage with other meds while off.
6. You may have someone stay with you while at the hospital. This person should accompany you from admissions to the radiology dept.
7. Some procedures will definitely require an overnight hospital stay. Some may require an **unanticipated** overnight observation. Please make any necessary arrangements prior to your procedure for the event of either. You/your care-person may wish to bring along a personal care bag if an overnight stay is necessary.
8. You will need a driver to take you home from the hospital.